

# THE CHINOOK ADVANCE

Vol. 22

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## THE CHRISTMAS SPIRIT AND THE WORLD

IN SPIRIT of overhanging clouds, this is the "merriest" Christmas Canadians have had for four years.

On the war fronts abroad, and on the political front at home, the horizon is very much brighter. There will be many disappointments and many fierce battles on both fronts, but this Christmas there is more chance of Victory worth dying for, — more chance of a Peace worth living for.

IF the "Christmas Spirit" could be with all of us, in all countries, at all times, there would be no wars, and no man made injustices in our social and economic life.

This terrible war had to be fought because the Christmas spirit was not universal. But we can fight it vigorously and yet keep that Spirit in our hearts, and in most of our actions. We can keep the flame alive, we can as the practical ideal of our lives, we can do missionary work among friends now, and among enemies later, to bring the world closer to a warless world of love.


Tens of thousands of readers will share this writer's memory of 25 years ago. Crouching in a filthy trench peering over parapet, seeing a darkly outlined caricature of the land we loved — a vista of rusted wire, shells churned mud, dead, splintered trees, and crumbled walls.

And behind it, silhouetting all the black misery's horizon glowing with the flame of a new dawn.

That is the flame which all of us must foster, — the Spirit of Christmas.

**The ALBERTA PACIFIC ELEVATOR AGENT**

*...can give you the benefit of expert advice in the marketing of your grain*



**A WEEKLY EDITOR LOOKS AT Ottawa**

Written specially for the weekly newspapers of Canada



District Experimental Stations throughout the Dominion in 1942, and during that year 148 field days were held when nearby farmers visited the stations with a total attendance of about 20,000 persons, or an average of 131 per meeting. Neighboring farmers are, of course welcome to visit the stations at any time and observe how the projects suitable to their own districts are progressing. Up at my home Station in Swift Current, Sask. It is nothing unusual to have 2000 people at the annual field day.

Russell Smart, real property administrator here, has warned that if the pressure continues on areas where there is a shortage of housing it may be necessary to consider regulations restricting movement of families to these areas. Of course you all know "deficiency housing areas" exist in such places as Halifax, Ottawa, Toronto, Vancouver, Victoria. This is an appeal which could be well heeded all over Canada, much as it is regretted that families have to be separated by war exigencies. In Ottawa, for instance, the housing registry has 1850 applications for units and only 25 vacancies. Of the new applications it was shown that 369 are from heads of families in the armed forces and 227 in civilian occupations. The tales one hears of "house chasing" in Ottawa (as well as in other centres) are really tragic. I have seen ads in the local papers where they offer as high as \$100 for information leading to getting accommodation. The moral: stay at home if you possibly can.

## U. F. A. CO-OP

Manager of The U. F. A. Central Co-op, extends Seasons Greetings to all patrons fine store thanking them for their splendid support which have given the store a very good start far ahead of expectations. He also announces that he has acquired the shipping agency for the Alberta Poultry Producers and hope this service may be of advantage to the store patrons as the freight will be charged, on shipments of poultry and eggs. With better business connections established and more goods on the shelf business in the New Year should be equally advantageous to patrons and their store.

The Bureau of Statistics here states Canada closed its 1942-43 crop year of wheat—121 million bushels greater with a carry-over of 601,500,000 bushels than the previous record carry-over up to July 31, 1941. You know an unusual feature this past crop year was the fact that almost a third was carried over on the farms. An outstanding development was the use of wheat for animal feed and by distilleries for industrial alcohol. It is interesting to know that in the past crop year, too, the people of Canada only consumed about half as much wheat as went into animal feed and alcohol production. It was estimated that nearly 5 million bushels of wheat were used for alcohol production, making 14 million gallons.

**Men, Women Over 40 Feel Weak, Worn, Old?**

Want Normal Pen, Vim, Vitality?

These weak, run-down, exhausted conditions make it impossible to enjoy life. You need a tonic, stimulant, after needed after 30 or 40. Seedtime and Harvest is just what you need. It gives you normal pen, vim, vitality. It restores your energy. It's the only tonic. The sale at all good drug stores everywhere.

**SEEDTIME and HARVEST**

By Dr. K. W. Neathly  
Director, Agricultural Department  
North-West Line Elevators Association

**NEW LEAF-RUST RESISTANT WHEATS**

Owing to publicity from the University of Minnesota regarding a new strain of wheat that is resistant to leaf rust, there has been a great demand for further information. Actually, there are several strains, the best of which has yet to be selected. They have been developed by successive "back-crosses" of Thatcher x Hope hybrids to Thatcher. The aim was to transfer the leaf rust of Hope to Thatcher, and we have every reason to believe that the efforts of the Minnesota plant breeders have met with a large measure of success. They are about to begin increasing one of the new back-crossed strains. The strain which will probably be increased has not been tested in Canada, but two others of this group were in variety tests in Western Canada in 1942. They gave higher yields than Thatcher in districts where leaf rust was abundant; but, in the absence of this disease they yielded somewhat less than Thatcher. Under leaf rust conditions, they yielded no better than did Regent and some new selections from crosses between Regent and Thatcher bred at the Dominion Rust Research Laboratory, and now under test. Seed of the new Minnesota strains will not be available for at least one, and probably two years. In areas subject to leaf rust damage, farmers should grow Regent, or Regent, and make sure they use seed derived from registered strains. Both Regent and Regent have been greatly improved by selection since first distributed. Every farmer growing these varieties would do well to get a start with registered stock.—Contributed by Dr. C. H. Goulson, Senior Agricultural Scientist, Dominion Rust Research Laboratory.

## U. F. A. CO-OP

Now shipping agents for Alberta Poultry Producers.

## HARDWARE and GROCERIES

Block and Coarse Salt  
Fruit and Vegetables

## SEASONS GREETINGS

**Greetings**

In a world aflame with war, more than ever we cherish our Friendships and Associations and with hope and confidence in the future we extend to you...

**NEW YEAR'S GREETING**

And Good Wishes

**COOLEY BROS.**

Chinook, Alta. Phone 10

**London's Warship Week**



THIS view of Trafalgar Square during London's Warship Week was taken from the windows of the Canadian Pacific Railway Company's, London, Eng. Offices. In the foreground can be seen one of the kite balloons used to protect Merchant shipping from Dive bombers, while in the background is the model of a ship's bridge and gun turrets.

—Canadian Pacific Photo.

**CANADA NEEDS FATS & BONES FOR HIGH EXPLOSIVES**

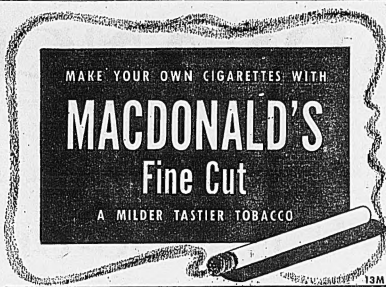
HERE IS A DAY TO DAY WAR JOB FOR YOU!

**SAVE ALL YOUR WASTE FATS AND BONES**

- 1 You can take your fat drippings, scrap fat and bones to your meat dealer. He will pay you the established price for the dripping and the scrap fat. If you wish, you can turn this money over to your local Voluntary Salvage Committee, or Registered, Local War Charity, or—
- 2 You can donate your fat dripping, scrap fat and bones to your local Voluntary Salvage Committee if they collect them in your community, or—
- 3 You can continue to place out your Fat and Bones for collection by your Street Cleaning Department where such a system is in effect.

Department of National War Services  
NATIONAL SALVAGE DIVISION





## Lease-Lend Reciprocated

**DURING ONE OF THE DARKEST PERIODS** of the war for the democratic nations, the system of Lease-Lend was proposed by President Roosevelt. The food and war materials made available by the United States through this now famous plan, was of great assistance to the people of Britain at a time when they stood alone against the conquering armies of Germany and Italy. Since that time Lease-Lend has taken on much broader applications and all members of the United Nations now participate in the plan, which is a practical example of the community of effort which exists among the people of the United Nations. Canada has this year passed a United Nations Mutual Aid Act, which provides for the distribution of Canadian war equipment, raw materials and food stuffs to the United Nations during the present fiscal year to the value of \$1,000,000,000, on the basis of strategic need.

### Materials Sent To War Fronts

Because this continent has not become a battle ground our chief concern has been to send war materials to the areas where they are needed. There has been little restriction or reserve on the transfer of supplies from here, although it is provided that we may receive reciprocal aid in the form of services or supplies if it is considered desirable and practical. Between Britain and the United States, however, there has arisen an opportunity for reciprocal action which is a fine example of the co-operation engendered by the Lease-Lend plan. For some time large numbers of American troops have been stationed in Britain, and in providing for their requirements add their comforts the British people have been able to repay, in a very practical way, their debt for the great assistance sent from the United States under the Lease-Lend arrangement. Not only in the provision of enormous quantities of military equipment, and in great numbers of air fields, training camps and army camps, is this debt being repaid, but British civilians are cheerfully sharing with the Americans many rationed items of which only very small supplies are available.

### Much Food Has Been Provided

Food is strictly rationed in Britain and great efforts have been made to increase the production of food within the country. In spite of this scarcity, American soldiers in Britain have been supplied with large quantities of foodstuffs. In 1943 these supplies have included 4,920,000 pounds of bread, 3,500,000 pounds of vegetables, 5,435,000 pounds of potatoes, 7,274,000 pounds of sugar, and 16,251,000 pounds of enriched wheat flour. We are also told that farm land has been set aside for the production of sweet corn for the Americans, although the British rarely use this vegetable. In a similar manner, clothing, which has been one of the most difficult of the British people's ration problems, has been shared with the Americans, and under a system of reverse Lease-Lend, Britain has supplied the American soldiers there with almost all clothing replacements during the past year. In a like manner public utilities, manpower, and recreational facilities are being supplied from Britain's limited resources. The British public is co-operating wholeheartedly in the arrangement and in it is seen a fine example of the community of interests which exists among the United Nations.

### Better Eggs

**How To Obtain Grade A All The Year Round**

Milk and green feed are two of the constituents of the poultry feed given by a successful commercial egg producer. Ninety per cent. of the eggs laid by his hens are Grade A all the year round. Here are his methods: A supply of crushed oats, wheat, and barley is kept constantly before the birds in hoppers, also a commercial poultry concentrate. Cod liver oil is poured over the whole grain in quantities of about two ounces to 100 birds and fed at night. Skim milk to the amount of 10 to 20 pounds per 100 birds, or semi-solid buttermilk, two pounds per 100 birds, is fed daily.

Green feed as much as the birds will eat of second or third cut alfalfa or clover hay is fed by the forkful on the litter. This, along with the feeding of mangels or turnips keeps the birds busy and healthy. The birds do not eat the alfalfa but the coarse stocks they leave make excellent litter. It does not dampen as quickly as straw. Barns full of hay suitable for poultry feeding are the most significant thing about this producer's plant. He has had no bare-backed or feather-pulling birds in his flock for years. He uses the commercial poultry concentrate to offset shortages in milk, and the quantities given to the birds vary directly in accordance with the supply of milk.

## For Eczema—Skin Troubles

Make up your mind today that you are going to give your skin a real chance to get well. Go to any good drugstore to-day and get an original bottle of **Moore's Eczema Oil**—it lasts many days because it is highly concentrated. The very first application will give you relief—the itching of Eczema, is quickly stopped—eruptions dry up and scale off in a very few days. The same is true of itching toes and feet, Barber's itch, Salt Rheum and other skin troubles. Remember that **Moore's Eczema Oil** is a clean, powerful, penetrating Antiseptic Oil that does not stain or leave a greasy residue. Complete satisfaction or money back.

## With Love From Trail, B.C., On The Italian Front



A message for German troops in Italy—a message with a punch—prepared here by L-Bdr. R. H. Mitchell on behalf of the people of Trail, British Columbia, on a Canadian 25-pounder shell.

### Weed Control

**The Application Of Commercial Fertilizers Is Recommended**

Experiments during the last ten years have demonstrated that application of commercial fertilizers aids greatly in controlling weeds, according to A. G. Kusch, Dominion Experimental Station, Scott, Sask. This is good news for the farmer for whom weed control has become more difficult because shortage of farm labour and machinery have interfered with proper tillage. The fertilizer is successful because it provides the growing plant with a readily available source of food, thus enabling it to form a vigorous root system quickly. The young weed seedlings are starved out and prevented from establishing themselves.

"In general," says Mr. Kusch, "the drier the climate, the lighter the fertilizer application required for effective control." In the prairie provinces, triple superphosphate and ammonium phosphate fertilizers drilled in with the seed, have been effective. Rate of application may vary from 20 to 50 pounds per acre. Barnyard manure used alone is ineffective in control of weeds, but useful if combined with commercial fertilizers.

### IN HIS OPINION

I have no fears for the future of Europe if the people and governments of the Soviet Union and Britain are inspired by the inflexible will to solve all questions of international policy in agreement, said Dr. Benes, President of Czechoslovakia, in a broadcast message.

Buy War Savings Stamps Regularly.



### Canucks Examine Their Handiwork



Canadian gunners made short work of this German staff car, now stripped and abandoned by the side of an Italian road. These men of a Canadian reconnaissance unit pause in their pursuit to examine its remains.

### Doing Good Work

**Canadian Engineers Have Left Their Mark In Old Country**

Canadian army engineers have left permanent marks on the English countryside through their wartime activities, Brig. James L. Melville, former engineer commander who now is chairman of the Canadian Pension Commission, said.

The marks include arterial highways, by-pass roads and airfields. The Canadian sappers also made important contributions to exploitation of Britain's mineral resources by operations in the tin mines of Cornwall and exploration for minerals and ores in many parts of the island.

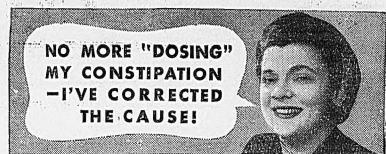
The speed with which one special job was carried out by a Canadian road construction company amazed the British contractor and government department concerned. A large excavation more than 60 feet deep had to be made in a subsoil of sandstone and blue clay. It looked like many months for the contractor's pick-and-shovel gang.

Canadian tractors, bulldozers, scrapers and pneumatic drills were moved on to the job, three eight-hour shifts were started and in two weeks the excavation was complete.

Strides have been made in the technique of demolishing obstacles of all kinds. Tunneling companies of the Canadian Engineers have demonstrated their skill and under Lt.-Col. C. A. Campbell, former Ontario Minister of Public Works, have gained an enviable reputation. Brig. Melville said. Their work in Gibraltar, the Cornish mines, in Scotland on water power development, and in search for new minerals, have been a "great contribution to prosecution of the war."

### PLENTY OF NERVE

The Nazis, who have been plundering France, now are asking the Vichy government for indemnity for damage to German industrial property in France through Allied bombing, members of the French delegation in London said.



"Regularity" is important any time, but it's vitally important in these busy war days when all of us are working harder than ever. Don't you be "slowed down" by that common type of constipation due to lack of "bulk" in your diet. And be sensible... correct the trouble right at its source instead of "dosing" with harsh purgatives that give only temporary relief.

Eat KELLLOGG'S ALL-BRAN... grand-tasting as a cereal or in hot, crispy muffins... eat it every day... drink plenty of water... then see if you don't forget you ever had common constipation. For ALL-BRAN supplies the "bulk" your diet needs... promotes natural regularity. Your grocer has ALL-BRAN in two convenient sizes. Made by Kellogg's in London, Canada.



### SOUPS!

Housewives today can no longer prepare meals without first planning carefully. There will be enough food for all if we plan wisely and use all the food we obtain to full advantage. Not only must we utilize all left-over food but the result should be good both in appearance and flavor. Many attractive and delicious dishes, soups and salads, may be the result of a collection of left-overs and a little imagination.

Today let us consider the soup one can make from small amounts of several varieties of food. First the classification of soup: Cream soup, puree, bisque or chowder are heavy soups and contain sufficient nourishment to be the chief article of food at a meal. Cream soups are made with thickened milk combined with meat, fish or vegetable-stock and pulp. Clear soups such as bouillon, consommé are used as appetizers at the beginning of a heavy meal.

If you have a mixture of many vegetables and not enough of any one to serve with a meal, you could use them in making a soup. Try this recipe the next time you have a small amount of several vegetables: One pound of meat, a cheap cut, such as neck, shin or joint will do or small scraps of left over meat. This should be cut into small pieces. A bone weighing about 1 lb. is needed. To the bone and meat add 2 pints of salted water. Let soak one hour and then simmer gently for three hours. During next half hour of cooking add 1/2 to 1 cup of mixed vegetables. Mixed herb and spices should be tied in a small cloth and added to the simmering soup. 6 pepper corn, 1 tsp. sweet herb, 1 small bay leaf, 1 sprig parsley, 1 piece celery root, 4 cloves are the quantity and variety of spices and herbs used in this recipe.

On the other hand if the vegetables you wish to use up have previously been cooked, try this recipe for cream of vegetable soup, favorite with the Home Economists in Canada's Kitchen. Make a thin cream sauce with 4 cups of milk or 1/2 milk and 1/2 water (in which the vegetables have been cooked). Rub the vegetables through a sieve and add 2 cups of same to the sauce. Season with 1/2 tsp. grated onion, pinch of thyme, salt and pepper. This requires no further cooking. You will find it gives delicious and distinctive flavor.

Remember do not throw away celery leaves, outside cabbage leaves or that lonely carrot, beet, etc. Waste of food is sabotage so use them up in nutritious soups.

### Bundles For Britain

**Manitoba Doing Excellent Work In Supplying Clothing**

Canadians, particularly during the Old Country "blitz-raids" of 1940-41, heard a great deal about an American organization known as Bundles for Britain. It is very unlikely, however, that the same Canadians know very much about another organization right here in the Dominion which is known as the V-Bundles of Manitoba. rejuvenation of old clothing, which is sent across the sea, is the victory task of a large number of Winnipeg volunteer workers.

Many women, some with grown families, others with teen-age children, and office workers who have free time in the evening, are donating all their spare hours to this work. Evidence of what has been accomplished in the past year would fill to the roof many rooms of a house. Reconditioned garments numbering 125,000 were sent overseas from this tireless group to be distributed among those who had been bombed out of their homes.

Much of this work is carried on through the Women's Voluntary Service centre known in Winnipeg as the Central Volunteer Bureau. V-Bundles of Manitoba opened its doors more than two years ago in a building in the downtown district of the city. Since then it has moved into larger quarters where 400 women's groups, including church societies, institutes and legion auxiliaries work together.

Any garment with re-make possibilities is accepted by V-Bundles of Manitoba, although the cleaner and newer the garment, the better the workers like it.

The women have developed a regular assembly line technique. When garments arrive at V-Bundles of Manitoba, they are first sorted according to kind and condition, after which they are either washed or cleaned before being sent to the work room. In the work room an army of workers recut, sew and mend. By the time the garments are ready for packing they have been completely rejuvenated.

### DOUBLE DUTY

Coffee grounds can do double duty. Don't throw them out, throw them instead on the cellar floor the next time a sweeping is in order. Coffee grounds make a perfect sweeping compound to keep the dust from flying.

### Royal Air Force

**Has Done A Tremendous Job Of Destruction Against Enemy**

In Great Britain's air and sea front against Germany, the Royal Air Force has done a tremendous job of destruction. It was given the task of crippling the German war machine, and in a single year from the spring of 1942 to that of 1943, R.A.F. raids on Germany are estimated to have reduced overall industrial output by from 15 to 20 per cent. This percentage has now been increased by further R.A.F., R.C.A.F. and U.S.A. air attacks.

### Mutual Aid

**Chinese Company Now Serving With The Indian Army**

From a flagpole above the tents of an Indian Army camp in the desert near Basrah, a silken flag with 12-pointed stars on blue and green background waves in the breeze. It is the flag of China, flying above the home of the first Chinese company to serve with the Indian Army. It consists of 350 technicians, fitters, carpenters, welders and sail-makers.

### POWDERED CODFISH

Popular food of the natives of the Faroe Islands is fish dust, made by drying codfish until it is as hard as stone and then beating it into a dusty powder with a hammer.

### ULCERS - SORES - ECZEMA

These Disorders torment us by thousands during the past 25 years with almost no relief. Simple home treatment does not interfere with daily work. Write today for Free Trial and testimonials without obligation. Nurse Bernice Remedey, 1000-10th St. S.W., P.O., Vancouver, B.C. FREE TRIAL

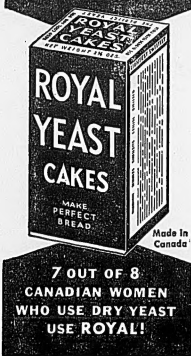


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PURE and HEAVY  
WAXED PAPER  
NEXT TO FOOD—ITS BEST!  
APPLEFORD PAPER PRODUCTS LIMITED  
HAMILTON TORONTO MONTREAL





50 years a favorite for light-textured, delicious, tasty bread



7 OUT OF 8 CANADIAN WOMEN WHO USE DRY YEAST USE ROYAL!

### The Real Success

Of Canada's Victory Loans Depends On Purchasers Keeping Bonds

The success of the Fifth Victory Loan depends on more than the actual sale of the bonds, which went over the top. The real success depends on the people keeping the bonds they have bought. If they turn right around and sell them, their purchase has not the importance it had.

There are cases of financial emergency where people have to sell the bonds to raise cash for some indebtedness. But, in the general run of affairs, it should not be necessary to sell the bonds. Holding them is part of holding the inflation line.—W. L. Clark, in Windsor Star.

### SELECTED RECIPES

#### A MIGHTY PERT PUDDING IS CRANBERRY PATSY!

Puddings, like people, have personality. Yorkshire pudding, for example, is the sturdy "Good provider" type. Snow pudding is ethereal and demure. Cranberry Patsy is a young lady in a red beret—a little pert and more than a little saucy.

**Cranberry Patsy**  
3 cup cranberries  
1½ cups sugar  
½ cup water  
1½ cups sifted flour  
½ cup sugar  
4 teaspoons baking powder  
½ teaspoon salt  
½ cup shortening  
½ cup All-Bran  
1 egg  
Mix berries, sugar and water. Bring to boiling point over moderate heat, stirring constantly; simmer two minutes. Spread in 8-inch round pyrex or 9-inch square baking pan.  
Sift flour, sugar, baking powder and salt together. Cut in shortening. Soak All-Bran in beaten egg, and mix about 5 minutes. Add to dry ingredients stirring until well combined. Drop dough by spoonfuls over cranberries. Bake in moderately hot oven (400 F.) 30 to 35 minutes. Serve warm with thin cream.  
Yield: Eight to nine servings.

**VALUABLE MANUSCRIPT**  
A valuable Latin manuscript of the Institutes of Justinian, found along the salvage in a book drive at Hendon, near London, has been returned to the Bodleian Library, Oxford, England, from where it disappeared some time ago.

England was the first country to form societies for the prevention of cruelty to animals.

**LACTIS-ORA** INSTANT FOR HEALTHFUL GUMS MOUTH!  
LACTIS-ORA is not new, nor is a mouth wash. DENTISTS have used it for 15 years for bleeding, sore, inflamed gums, trench mouth, Pyorrhea, halitosis (bad breath), and all infections of the gums.  
Approved Proprietary Medicine Act.  
SEND 49¢ TO **RENAUD LABORATORIES** POSTPAID CALGARY, ALBERTA

### OUR COMPLETE SHORT STORY—

#### A Switch In Time

By MADGE ELWOOD  
McClure Newspaper Syndicate

Corporal McNew laid his whiskers on the window sill. They were hot and uncomfortable. It wasn't, he thought, military duty to play the role of Santa Claus at the garrison Christmas party. He couldn't, however, dislodge his commanding officer. Nor did he want to after hearing about that vacancy for a corporal at the recruiting office in Kansas City. McNew had been born there, Marianne lived there now and only yesterday he'd heard that Marianne had been seen with a fireman. It was time that he went home but a furlough was out of the question after buying Marianne's Christmas present. He'd have to trust to the magic of Santa Claus. Surely the colonel would reward perfection.

The colonel, though, had made his role more difficult. "Er—" he'd drummed on the table with his fingers. "I want you especially to convince my son. Make him believe that Santa Claus is really magic. My son is—er—fascinated by anything in the electrical line. He's been—quite disturbing. I've told him that Santa only gives presents to good boys. If you can encourage his belief, it'll help the regiment and—" the colonel had coughed—"me."

He'd have to be a perfect Santa Claus, McNew thought. Sonny, an every soldier in the regiment knew was a very skeptical eight.

"Hello." Peeping in the window he saw the object of his worries, accompanied by the regimental mascot—Henry, the goat. McNew slipped into a closet. 'Too late, he remembered his whiskers. The goat, as the regiment had learned, had an appetite. McNew's fears were confirmed when he emerged from the closet. The whiskers were gone, he heard Sonny giggling. "Let Santa Claus ain't magic enough to grow more whiskers. I bet he ain't magic at all. Dad doesn't know everything. Say, Henry, I wonder if Santa Claus can see in the dark."

I know how to turn off the switch!" McNew sighed. Soldiers were supposed to be ingenious. But Sonny was clever, too. The Christmas party was to begin at seven. It was six now. How could Santa Claus appear without whiskers? They couldn't be smacked at this time of night. McNew bunched at a messenger. "It's hot at this Texas border station. McNew remembered some cotton fluffs nearby. Due to a plague of insects, not all of the cotton had been picked. He hurried out of the barracks, pausing to slap at an early firefly. He grinned as he remembered the fireman. That guy soon would learn what a real soldier could do.

\*\*\*  
The hand played a traditional Christmas carol. Corporal McNew stood beside a gayly decorated tree and began to distribute gifts to the children of the regiment. "The boy said a red-headed boy, 'Is it a football?'" Corporal McNew frowned. This was hard work. A curly-haired girl tried to kiss him. A small boy attempted to pull his whiskers. He picked up the package marked with Sonny's name. Sonny had the package. McNew called his name again, walked to the front of the platform and almost fell as the fluffs went out.

McNew was not prepared for the insects that flew about his head. He took a step backwards as tiny lights gleamed about his whiskers. Fireflies must have made their homes on the abandoned cotton he had plucked. McNew stepped on a package, stumbled and grabbed the tree for support. He caught a branch. Out of the darkness, he heard Sonny's voice: "Yes, Santa, here I am!"

"Here—" McNew tried to hand the boy the package containing the electric train. A firefly rested on his whiskers. "Here, Santa Claus carries his own lights, you know." He hoped that the colonel was listening. A firefly rested on his cheek.

"Is it magic?" asked Sonny. "And you grow more whiskers—" McNew stumbled again, reached for support. The branch cracked and broke. Falling, he caught Sonny's hand. "Here!"

The lights went on. Sonny fled down the steps and McNew saw that the colonel was comforting a weeping boy. Then the aweing fire fell on McNew and his mouth was filled with cedar and tinsel. It didn't matter. A corporal would give the colonel's son a switch for a Christmas gift would never be recommended for a recruiting job in his home town.

For more than they had be sent to the guardhouse.

The annual event at last over, Mc-

### Read Why... NURSE SCOTT

Recommends



for CHEST COLDS

- 1 Acts 3 ways, to break up croupy congestion, clear stuffed-up head, loosen coughs—over night.
- 2 It penetrates faster.
- 3 Generates heat and vaporizes quickly.
- 4 It is snow-white, stainless, non-greasy.
- 5 Can be used with perfect safety on the tiniest tot.

Price 30c and 50c at all druggists.

A FIRST-AID KIT IN ONE JAR

New painfully removed the cotton from his chin. His suffering was in vain. He could never explain away his mistake.

The colonel wanted to see him, McNew hurried. His chin was sore and red, but he managed a salute. "Yes, sir."

"Did you ever set the part of Santa Claus before?"

"No, sir," McNew suppressed a sigh. He wondered if the fireman was handsome.

"Um—maybe that explains the fireflies and the switch. There was a curious note in the colonel's voice.

McNew struggled to explain, but the colonel interrupted: "I hear you want that recruiting job in Kansas City. Under the circumstances, I've decided to recommend you. Sonny wants to visit his grandmother there and you can take care of him on the journey. His grandmother thinks that Sonny is a good boy. I expect you to—er—continue to be resourceful."

"Yes, sir." But McNew sighed. He wondered if snow could be used to advantage by a resourceful soldier in charge of an equally ingenious boy.

### For War Prisoners

Cabled Messages From Relatives Are Received Through Red Cross

The Canadian Red Cross has had an arrangement in effect for the past year whereby Canadians can send cabled messages to relatives and friends who are interned or prisoners of war in enemy-occupied countries, officials at Ottawa said.

It is understood that Canada is the only country which has such a service but that other countries are considering making similar arrangements and that other projects—like radio broadcasts from prisoners to relatives and from relatives to prisoners—have been under consideration.

The Red Cross has definite information that its cabled messages have been delivered to prisoners in Germany and Italy and one or two reports confirming delivery of messages to people in Japanese hands, but is not sure the system is working in all cases on messages to territory under Japanese control.

A single transport plane can carry sufficient dehydrated vegetables to feed a battalion for a week.

The British Army was outnumbered by the enemy in every one of its campaigns in the first three years of war.

### FREE ISSUE OF HONOUR ROLL PROVES POPULAR IN CANADA

The attractive Honour Roll, issued free of charge to churches, educational institutions, factories, offices, clubs, fraternal societies and other organizations for the purpose of recording the names of the men and women who have volunteered for Active Service in the armed forces, is meeting with a wonderful reaction on the part of the public, Headquarters announced.

The Honour Roll is artistically designed and it symbolizes in striking and authentic heraldic form the historic majesty of the British Empire.

The basic motif is the Canadian coat-of-arms with flanking shields showing the maple leaf of Canada, the shamrock of Ireland, the thistle of Scotland, the rose of England and the fleur-de-lis of old France.

In the design on the base are the heraldic flags of the Navy, Army and the Air Force. The coloring is rich and the whole is reproduced by a special process.

The Honour Rolls are in various sizes, namely for 12, 36, 102, 412 and 612 names, and it is pointed out that they may be obtained only by writing to the Director of Army

Recruiting, Aylmer Building, Ottawa. While these Honour Rolls are issued under the supervision of the Directorate of Army Recruiting it is explained that they are for the names of the men and women of the Navy, Army and Air Force—without distinction—on Active Service.

The name of the church, school or business together with the size of Roll required should be clearly stated on the application.

### Wing Commander



Wing Commander Robert S. Turnbull, D.F.M., of Govan, Sask., who has attained the rank of wing commander at the age of 24. Wing Commander Turnbull commands the Lion squadron of the R.C.A.F. bomber group. He succeeded Wing Commander D. H. Burnside, of the R.A.F.

### Blood Donors

Iron Rations Maintain Blood And Build Health

Comparing blood counts has become a fashionable pastime among regular visitors to Blood Donor clinics and having a high blood count has become a matter of pride with the thousands of Canadians who give of their blood that the wounded may live.

Good red blood means a blood stream which carries a sufficient supply of iron to the body," explains Dr. L. B. Pett, Director of the government's Nutrition Services at Ottawa.

"Even though you may not live within reach of a blood donor's clinic, it is important that you provide enough iron in the day's meals, for iron is one of the many factors which help to build up resistance to colds and other infections.

The amount of iron present in the human body is very small, about enough to make five small carpet tacks—but so important is it that, if it were withdrawn, death would follow in a few minutes.

For an adequate supply of this important mineral, Dr. Pett lists the following foods that should be eaten regularly: Every day—whole grain cereals and bread, green, leafy vegetables. Potatoes and other root vegetables will contribute more iron if cooked without peeling. Three or four times a week—an egg; once a week—a generous serving of liver, heart or kidney.

Dried peas and beans, red meat, molasses and dried fruits are other foods which rate high as "iron ration".

### DON'T SPOIL FATS

Don't spoil fats, and foods cooked in fat, with too much heat. The unpleasant odour of smoking fat is a warning that the fat is breaking down, chemically. Food will be harder to digest and the life of the fat will be shortened, for fat that is overheated becomes rancid more quickly.

The British Army was outnumbered by the enemy in every one of its campaigns in the first three years of war.



### THE HEALTH OF CANADA

It has been estimated that about 200,000 Canadians have syphilis and do not know it. Of these some 30,000 will die prematurely with syphilis-riddled brains and hearts, and in many instances their families will become dependent on the state.

This was the message given 500 industrial physicians and nurses, plant managers and personnel officers at Toronto by Lt.-Col. D. H. Williams, R.C.A.M.C., chief of the division of venereal disease control, Department of Pensions and National Health, Ottawa. Colonel Williams spoke at an industrial health conference called by the Health League of Canada in co-operation with the Ontario Department of Health.

Speaking on syphilis as a saboteur of industrial production, Colonel Williams urged pre-employment and routine Wassermann tests as part of industrial health examinations but added that education of both employers and workers was necessary. He emphasized that "for all practical purposes syphilis is spread only by intimate physical contact."

Many useful workers had been discriminated against by being deprived of employment when their condition was discovered. If this attitude continued syphilis would be driven "underground" to continue its insidious ravages among Canada's workers.

"The law doesn't permit any physician to tell management that an employee has syphilis," Colonel Williams continued, pointing out that secrecy was both essential and required by law. All the plant physician might do was to report to management on the fitness of an employee to do the work to which he had been assigned.

### SMILE AWHILE

Boy Friend: "Are you free this evening?"

Girl Friend: "Well, not exactly free, but very inexpensive."

"Are you the defendant in this case?"

"No, sah. I've got a lawyer to do my defendin'. I've de man what stole do chickens."

A salesman and his girl were arrested for loitering in the park. The Judge turned to the man and said: "What's your name?"

The man replied: "Ben Petten."

The Judge said: "What is yours, miss?"

The girl said: "Ann Howe."

Employer—Have you any references?

Applicant—No, sir. I tore them up.

Employer—That was a foolish thing to do.

Applicant—You wouldn't think so if you had read them.

They were discussing a mutual friend.

"Brown is a good fellow, really," said one, "but he treats his poor wife miserably."

"What do you mean?" the other asked. "Does he beat her?"

"No, no. He just refuses to argue with her."

Judge: "Have you anything to offer the court before sentence is passed?"

Defendant: "Nothing, your honor. My lawyer has taken my last cent."

Hitler to Tojo over the phone: "Hell, Tojo, I that you would be in America in three weeks."

Tojo: "So sorry, Adolph—where you call from—Moscow?"

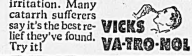
A Frenchman was relating his experience in studying the English language. He said: "When I first discovered that if I was quick I was fast; that if I was fast, I was fast; that if I spent too freely, I was fast; and that not to eat was to fast; I was discouraged. When I came across the sentence, 'The first one won one-dollar prize' I gave up trying."

Servant: "Oh, mum, I've knocked the big flower-pot off the window-ledge, and it fell on a man's head."

Mistress: What! My beautiful fuchsia! 2517

### 3-PURPOSE MEDICINE Hits CATARRH Misery Fast!

When acute catarrh makes breathing difficult—causes stuffy head, watery eyes, nasal irritation, and distress, put a few drops of Vicks Vapo-rinol in each nostril and enjoy the relief it brings. Vapo-rinol is so successful because it does three very important things: (1) shrinks swollen membranes of the nose, (2) clears out discomfort-causing congestion and (3) soothes irritation. Many choking sufferers say it's the best relief they've found. Try it!



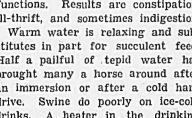
### Care Of Cattle

Should Never Give Live Stock Ice Cold Water

For all cattle in winter, particularly for dairy cows, a liberal supply of good clean water is necessary. And an important thing is that the chill should be taken of the water before drinking. As pointed out by W. D. Albright, Superintendent Dominion Experimental Farm, Beaverlodge, Alberta, "starey-coated, constipated cattle shivering hump-backed at icy troughs on a bleak winter day are an object of sympathy and a standing advertisement for shrunken profits." If the water is ice-cold, the animals do not drink enough water. The small amount that they do drink checks natural functions. Results are constipation, ill-thrift, and sometimes indigestion.

Warm water is relaxing and subsiding in part for succulent feed. Half a pailful of tepid water has brought many a horse around after an immersion or after a cold hard drive. Swine do poorly on ice-cold drinks. A heater in the drinking tank will not only avoid much ice chomping, but will contribute decidedly to the health and comfort of the farmyard stock.

### Baby Doll Outfit



WARDROBE FOR DOLLS 12-20

4580

An outfit for a baby doll that contains everything a very young mother could want. In fact, Pattern 4580 is designed exactly like a real baby's wardrobe. Here are cunning garments for indoor and outdoor wear... for "dress-up" and play.

Pattern 4580 is available for dolls measuring 10, 12, 14, 16, 18 and 20 inches. For individual yardages see pattern.

Send twenty cents (20) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg Newspaper Union, 175 McDermott Ave. E., Winnipeg, Man.

"Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."

By ANNE ADAMS

An outfit for a baby doll that contains everything a very young mother could want. In fact, Pattern 4580 is designed exactly like a real baby's wardrobe. Here are cunning garments for indoor and outdoor wear... for "dress-up" and play.

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## Chinook Advance

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Mrs. M. C. Nicholson  
Publisher and Proprietor.

## RESTAURANT

Meals at all hours

All Kinds Tobacco

and Cigarettes

SOFT DRINKS and

Confectionary

ICE CREAM

**Mah Bros**

For  
DRAYING

Or

TRUCKING

Any Kind

Satisfaction

Guaranteed

**ROBINSON**

**CARTAGE**

**BREAD  
INSURANCE  
FOR  
ONLY 2¢  
PER CAKE**



**ROYAL  
YEAST  
CAKES**

**BUY STRENGTH  
DEPENDABLE  
MERE BREAD  
WRAPPER**

Mrs. Rutley of Kindersley arrived on Wednesday to spend the Christmas holidays at the home of her sister-in-law, Mrs. R. V. Lawrence.

Mrs. Sutherland Principal of Chinook High school left on Thursday morning for her home, south of Cereal.

Miss Randall teacher of Primary room left Wednesday night for her home at Blackie.

Mr. Ken Gulleckson left by motor Thursday for Lethbridge where he will spend Christmas.

Miss Edler Intermediate teacher left Thursday for her home at Youngstown.

**FRANK MASSIN**  
FURS  
WOLF - FOX - MINK  
SKUNK - WEASEL  
Rush orders just received permit us to advance our buying prices again. We must have more fresh skins at once.  
DON'T DELAY SHIP NOW  
Satisfaction UNCONDITIONALLY  
Guaranteed or Furs Returned at Our Expense  
**FRANK MASSIN**  
BRANDSON REGINA, CANADA

**Buy**  
**WAR  
SAVINGS  
STAMPS**  
FROM  
BANKS • POST OFFICES  
DEPARTMENT STORES • DRUGGISTS  
GROCERIES • TOBACCONISTS  
BOOK STORES and other RETAIL STORES

## CLASSIFIED AD

### FOR SALE

FOR SALE—3 fresh MILCH COWS. One mile south of Dobson Elevator.

H E Rosenau  
Box 312 Youngstown, Alta.

Bring in your TURKEYS any day, when you will be paid top prices.

CHINOOK MEAT  
MARKET



To Our Friends and Patrons

**MILK  
CHRISTMAS**

and

**HAPPY NEW YEAR**

**ACADIA PRODUCE CO.**

Geo. M. Aitken

Geo. E. Aitken

**CHRISTMAS  
GREETING**

To our subscribers  
and friends.

CHINOOK ADVANCE

**GO 50/50 WITH OUR FIGHTING FORCES**

**40's  
MY LIMIT  
NOW...**



**Save  
Gasoline**

Experts have proved the average car getting 18 miles to the gallon at 30 miles an hour; only gets 12.5 at 40. So hit a happy medium by not exceeding 40. It's safer too and helps you keep your 50/50 pledge. Our Fighting Forces need the gasoline. See that they get it by watching your speedometer.  
**REMEMBER: The slower you drive, the more you save!**

**Share and Share your Gasoline for VICTORY!**

## WE MUST HOLD THE LINE!

On the home front the battle against inflation is now the most critical of all.

The winning of this battle will contribute much to winning the war.

It will contribute more than all else towards the solution of post-war problems.

The purpose of Price Control is to prevent inflation. Its purpose is to protect and maintain a basic standard of living.

A higher money income will not be of any advantage if, because prices are going up, our money buys less and less.

To win the battle against unemployment in the post-war period, we must first of all win the battle against inflation.

Salaries and wages are a large element, often the largest element, in the cost of everything we buy.

If the Price Ceiling breaks down, in the long run all stand to lose.

We must hold the line against inflation to assure victory in war.

We must hold the line to provide a solid foundation on which, after the war, to build a greater and a better Canada.

*McCauley King*  
PRIME MINISTER OF CANADA

Ottawa, December 13, 1943